

# amy carroll

*Delighted... Living connected, invested, and full of joy.*



**A**my Carroll's passion is leading women to deeper delight through the matchless pleasure of rich relationship with God and others. For over 10 years, she has shared messages that enable you to:

- Release the grind of perfection and grasp the joy of living in God's incomparable love.
- Celebrate the full satisfaction found in moving to deeper relationships.
- Invest yourself in what truly fills instead of chasing what only leaves you hollow.
- Walk away from loneliness and isolation into the delight of sharing life.

Amy is committed to opening up her whole life (the good, the bad and the ugly) to teach the lessons she's learned in her pursuit of applying God's truth. She loves teaching scripture in all its unvarnished glory, and her background as an educator has enhanced her God-given ability to share His big truths in small, understandable bites.

Amy is the author of *Breaking Up with Perfect* and contributing author for the *NIV Real-Life Devotional Bible for Women* and *Encouragement for Today*. She also writes devotions for Proverbs 31 Ministries' "Encouragement for Today" which are sent out daily to over 800,000 people worldwide. Amy is the founder and director of Next Step Speaker Services, a coaching service for Christian speakers.

Amy's years of service in women's ministry leadership and her current position teaching a multi-age Sunday school class for women fuel her belief that the inter-mingling of all ages and stages leads to greater spiritual maturity. She credits godly mentors, mission trips and volunteering for shaping her and constantly inspiring her to grow closer to Jesus.

Amy's an ordinary woman who laughs at corny jokes, cries at Hallmark commercials and is afraid of bouncing checks and her own double chin. She is married to Barry, the man that she still loves madly after over 25 years. Their two sons, Anson and Nolan, keep life lively and full of laughter.

Amy's **humorous** delivery and home-run direct-blow application points are what make them so **memorable** and **usable**. There are a few memorable phrases that seem to float up at just the right time. I cannot say enough about her **contagious passion** for seeking God's heart.

—Kathy Parker,  
Conference Attendee



Proverbs 31  
MINISTRIES

# Speaking Topics

## Breaking Up with Perfect

It's so easy to get side-tracked in the pursuit of earning acceptance, creating our own perfection, and working to meet others' expectations. Amy challenges both "Good Girls" and "Never Good Enough Girls" to:

- Replace your best efforts with true goodness.
- Reject wrong beliefs that lead you either to over-work or give up and embrace God's complete acceptance.
- Know God wants you to experience the joy of His closeness instead of the distance caused by shame.

## Connected: Building Out of the Box Relationships

How is a busy woman supposed to build friendships? We were created for deep relationships and intimate connections, but there is a war against the very thing our souls crave. Amy uses personal stories and timeless truths to encourage you to:

- Gain a new perspective on what's essential in deep friendships and build beyond shallow.
- Find a balance between Facebook time and face time.
- Learn to move through life's messiness with precious friendships intact.

## King of Hearts: Jesus, Lover of a Woman's Soul

Does God truly care about every season of a woman's life? Amy follows Mary of Bethany and her close friendship with Jesus to find the answer to this question. Come away encouraged by Jesus' extravagant love for Mary and how their relationship teaches you to:

- Increase your love for God and those around you instead of living in the distraction of busyness.
- Realize scripture can become a source of help for every area of your life by learning a simple study method.
- Find sources of strength and improve your responses during times of stress, disappointment and grief.

## Creating a Life That Counts

Our lives hold endless potential, and they're meant to be invested. In this message, Amy urges women to evaluate their pursuits, choosing the things that truly fill us instead of leaving us hollow. She'll challenge you to:

- Replace the empty pursuits of our culture with quests of substance.
- Build a deeper relationship with God by loving what He loves.
- Find true self-fulfillment through focusing on others.
- Abandon shallow relationships and build ones with eternal impact.

## Delighted: Living Life as a Friend of God

The idea of friendship with God sounds appealing but also a little daunting. How is it possible to have a real, daily, deep friendship with an inconceivably big God? Amy dives deep into John 15:9-15 to uncover the keys to the relationship for which we are all created. Through personal stories and practical applications, she will help you to:

- Battle our culture's allure by knowing God's superior benefits.
- See the delightful results of obedience instead of being mired in drudgery and duty.
- Step out of loneliness and disillusionment in human friendships into a forever friendship that never disappoints.

## White Christmas: Holiday Housekeeping for the Heart

What is your standard for a wonderful Christmas? For many women, perfection is the standard by which we measure our holidays, but perfectionism sets us up for disappointment and struggle. Amy encourages you to:

- Embrace a new standard for measuring the success of the holidays.
- Experience the pleasure of Christmas with a focus on relationships.
- Express your true, inner self with joy and freedom instead of celebrating "like everyone else".



Amy is an absolute **JOY!!**  
She took us on a journey through her stories that lead us right to the **heart of Jesus**.  
Amy came to us as a speaker; she left as a **friend**.  
—Dianna Corson, Event Coordinator

Whether in a small group, classroom or conference setting, Amy easily relates to those around her with **charm, humor** and the challenge of **truth**.  
—Barry Lane, Pastor

For additional topics and more information about Amy, visit her at [www.amycarroll.org](http://www.amycarroll.org). To book her for your next event, please contact Proverbs 31 Ministries at [www.proverbs31.org/inquire-about-our-speakers/](http://www.proverbs31.org/inquire-about-our-speakers/)