

# Breaking up with Perfect

## Day 1



Lord, starting right now, I want to be done with my own pursuit of perfection and surrendered to your perfecting work in me. Today can be a new start with these steps of fun and transformation! I'm breaking up with perfect by...

- 1 Remembering** that I am uniquely made and deeply loved by God.
- 2 Choosing** to put someone else first as you go through your day.
- 3 Leaving** my Spanx in the drawer today and rejoicing in my lumps and bumps.
- 4 Admitting** I don't have the answer if I don't know.
- 5 Reminding** myself of this truth... Only when I end my pursuit of perfection can God begin his perfecting work in me.
- 6 Meditating** on this: "In your unfailing love you will lead the people you have redeemed. In your strength you will guide them to your holy dwelling." (Exodus 15:3 emphasis added)
- 7 Repeating** , "I wasn't made to pursue perfect. I'm most amazing when I'm pursuing Jesus."
- 8 Eating** a picnic with family or friends on the floor of my most formal (translation: never used) room tonight for dinner.
- 9 Avoiding** any extra plans today and determining I'll accept whatever assignment God brings.
- 10 Planning** an intentional time of rest.

This is excerpted from "50 ways to leave your perfect" in Breaking Up With Perfect by Amy Carroll