Amy is a speaker and writer for Proverbs 31 Ministries, the author of *Esther*, *Exhale,* and *Breaking Up with Perfect,* and speaker coach Next Step Coaching Services. In one of the newest joys of her life, Amy and her friend Wendy Schulz delight in taking groups of women to Europe on modern pilgrimages.

Amy has been madly in love with her husband Barry for over 30 years and is the mom of two young men—Anson and Nolan—and a lovely daughter-in-love, Madison. You can find her on any given day reading a book, creating at her computer, texting her adult kids, or trying to figure out one more alternative to cooking dinner.

Amy loves meeting you! Please visit her at her book table to chat or pray before you leave.