

A Christmas Prayer

*This is how God showed his love among us:
He sent his one and only Son into the world that
we might live through him. 1 John 4:9*

God, You sent your Son, Jesus, to give us life.

Life with a capital L!

Abundant Life. The kind of Life I want to live.

I believe that You're a feast-thrower, not a crumb-doler,
but this time of year I'm feeling the rumblings of an
over-extended soul. I need Your help.

Jesus came into the world bringing a festival of light, life
and love. I pray for Light in the darkness of my busyness.

I ask for Life to lift my exhaustion. I plead for Love to
plump my anemic heart.

Help me to pause and be nourished by Your feast so that I
can turn to serve others from Your table.

In Jesus' precious name, Amen.