



## How to Have Positive Conversations About Race in Your Home

### With Children:

As a former elementary school teacher, my favorite way to have conversations with children is to introduce an idea with a book. Here are two wonderful books that I found listed in the resources of [brownicity.com](http://brownicity.com):

--*The Colors of Us* by Karen Katz

--*The Skin We Live In* by Michael Tyler and David Lee Csicsko

### With Yourself:

Self-talk is incredibly powerful. Sometimes overcoming my preconceptions and long-held beliefs is harder than any conversation I have with others. Here are two books I'm reading that have come highly recommended to me:

--*Waking Up White, and Finding Myself in the Story of Race* by Debby Irving

--*One Blood: Parting Words to the Church on Race and Love* by John Perkins

### With Another Adult Who Also Wants to Help Create Change:

Here's the link to a message that I heard live at the MLK50 conference this year. We listened to amazing speakers for hours, but this was my favorite. It's 20 minutes of free content that will change the way you think.

--Trip Lee's message "Hip Hop and the Next Generation of Racial Unity"

<https://www.youtube.com/watch?v=xY5Z27Z4YgY>

### With Someone Who is Difficult or Doesn't See Race the Way You Do:

This is the scariest conversation to me. How do we have this hard conversation with someone we love? This blog post has revolutionized my thinking helped me adopt a script that I can use in tense moments. Watch for that one key sentence!

--"How to Disagree" from Urban Confessional

<http://urbanconfessional.org/blog/howtodisagree>